

Restoring Independence, Preserving Dignity

Sometimes, the greatest acts of empowerment are found in life's simplest daily routines. The ability to attend to personal needs independently, safely, and with dignity is something many of us take for granted. For a person living with spinal cord injury, that independence can be life-changing.

For individuals with permanent paralysis, managing daily hygiene and toileting needs can often require continuous assistance from caregivers. This dependence not only presents physical challenges but can also affect confidence, privacy, and self-esteem.

A commode wheelchair is much more than an assistive device. It enables individuals to perform essential daily activities with greater safety, comfort, and independence, reducing caregiver dependency while enhancing dignity and quality of life.

Recognizing this important need, Soulfree distributed **30 Commode Wheelchairs** to spinal cord injured beneficiaries through its Outreach Program during **April 2025**.

For many beneficiaries, receiving a commode wheelchair means regaining control over a deeply personal aspect of life and experiencing a renewed sense of confidence, privacy, and self-respect.

This meaningful intervention was made possible through the generous support of **Saraswat Foundation**. Their commitment to improving the lives of persons with spinal cord injury has helped beneficiaries gain access to an essential mobility and hygiene aid that promotes independence and dignity.

At Soulfree, we believe that true inclusion begins when individuals are empowered to participate in everyday life with confidence and self-reliance. Access to the right assistive devices helps remove barriers and enables persons with disabilities to lead more independent and fulfilling lives.

Every commode wheelchair distributed represents more than mobility—it represents dignity, privacy, and the freedom to navigate daily life with greater independence.

We extend our heartfelt gratitude to **Saraswat Foundation** for partnering with us in creating meaningful change and supporting our mission to build a more inclusive and compassionate society.

The infographic features a grid of 15 photographs showing individuals of various ages and genders using commode wheelchairs. The top section includes the Soulfree logo (a butterfly with the text 'soulfree POSITIVELY ABLED') and the title 'RESTORING DIGNITY. SUPPORTING DAILY LIVING.' in large, bold letters. Below the title, it says 'COMMODE / SHOWER WHEELCHAIR DRIVE' and 'Improving Accessibility, Hygiene and Independence Through Assistive Mobility Support'. To the right, it states 'Supported by Saraswati Foundation' and '30 COMMODE & SHOWER WHEELCHAIRS DONATED'. The bottom section features a blue banner with '30 LIVES IMPACTED' and a wheelchair icon, followed by the text 'Supporting Daily Living with Dignity' and '30 beneficiaries received commode and shower wheelchairs, enabling safer personal care, improved accessibility and greater independence within their homes and communities.' A small heart icon is also present. At the very bottom, it says 'A step towards safer living, greater dignity and enhanced independence for persons with disabilities.' and 'Dignity Today. Independence Tomorrow.' with heart icons on either side.